



SOLOMON ISLANDS NATIONAL UNIVERSITY

School of Nursing and Allied Health Sciences

Diploma of Public Health (Health Promotion)

**HP 635 – SETTINGS APPROACH AND
STRATEGIES IN HEALTH PROMOTION**

FINAL EXAMINATION

SEMESTER 1, 2017



**SOLOMON ISLANDS NATIONAL UNIVERSITY
SCHOOL OF NURSING & ALLIED HEALTH SCIENCES
DIPLOMA IN PUBLIC HEALTH (HEALTH PROMOTION)**

HP 635 SETTINGS APPROACH AND STRATEGIES IN HEALTH PROMOTION

Semester 1, 2017 FINAL EXAMINATION

TIME ALLOWED : 3 hrs
DATE : 12th June 2017
STARTING TIME : 02:00pm

STUDENT NAME : _____
STUDENT ID : _____

INSTRUCTIONS:

1. All questions are compulsory, and therefore you must attempt to answer them all.
2. You will be given 10 minutes to read the paper.
3. Sections A - C are to be answered in this examination paper. Extra paper will be provided upon request.
4. This examination paper should contain 10 pages in total.
5. Write your full name & student ID in the spaces provided above.
6. This examination 50% of your total assessment.

| Section | Marks Allocated |
|---|------------------------|
| Section A: Multiple Choice Questions | /10 Marks |
| Section B: Short Answer Questions | /70 Marks |
| Section C: Long Answer Questions | /20 Marks |
| Total Marks | /100 Marks |

GOOD LUCK

Section A: Multiple Choice Questions.**/10 Marks**

Please circle your best option for the following questions. Each question is worth 1 Mark;

1. In what year was Yanuca declaration signed?

- a) 1995
- b) 1986
- c) 1978
- d) 1985

2. In which declaration was the five action area of health promotion was developed?

- a) Yanuca declaration
- b) Alma'ata
- c) Ottawa chapter
- d) Sundsvalls document

3. There are four (4) areas of Participation, they are:

- a) Relationship, information, decision and resources
- b) Social structure, participation and engagement
- c) Sense of ownership, empowerment and belonging
- d) All of the above

4. Which of the Ds in healthy settings approach is correct to answer the question: "Where we are now?"

- a) Drive
- b) Direction
- c) Discovery
- d) Deliver

5. A good example of elemental setting are;

- a) School and Villages.
- b) Town and Islands
- c) Market and Town
- d) Village and Island

6. Impact evaluation will measured the;

- a) Mission statement of the project
- b) Goals of the project
- c) Objectives of the project
- d) Output of the project.

7. The core instrument of Dream is;

- a) Draw vision and writing
- b) Create unrealistic imagination
- c) Reflective approach
- d) Create partnership

8. Primary Health Care was formed during the;

- a) Ottawa charter
- b) Yanuca declaration
- c) Alma,ata Declaration
- d) None of the above

9. Implementation means;

- a) Transforming plan into action
- b) Monitoring and Evaluation
- c) Delivery the need of the community.
- d) Ensure effectiveness and efficiency of the program

10. Healthy setting is regarded as which of the following:

- a) A program
- b) An health promotion activity
- c) A health theme
- d) None of the above

Section B: Short Answer Questions.

/70 Marks

1. Define the following terms used in the HP 635 unit? **(2 Marks)**

a. Healthy Setting:

b. Health Promotion:

2. What is the difference between elemental and contextual setting. **(2 Marks)**

3. State three (3) reasons why a Healthy Workplace is a key setting in Health Promotion? **(3 Marks)**

4. State two (2) goals of settings-based approach in Health Promotion? **(2 Marks)**

5. Explain the difference between traditional health education and health promotion communities in regards to health focus. **(2 Marks)**

6. Explain the concept of “pitfall collaboration” in your own words? **(2 Marks)**

7. List four factors that hinder or blocks collaboration (partnership) **(4 Marks)**

- a. _____
- b. _____
- c. _____
- d. _____

8. In your own understanding, explain what is meant by “Healthy Island initiative”. **(3 Marks)**

9. List and explain at least two aims of the Healthy Island Initiative. **(2 Marks)**

10. List and explain three (3) key strategies of Health Promotion. **(6 Marks)**

- a.

- b.

- c.

11. Explain the health promotion principles of “Empowering and Holistic” in your own words. **(4 Marks)**

12. Explain at least three (3) differences between Primary Health Care and Health promotion. **(6 Marks)**

a. _____

b. _____

c. _____

13. List the five (5) WHO healthy setting steps or processes to become a setting. **(5 Marks)**

a. _____

b. _____

c. _____

d. _____

e. _____

14. Explain at least three importance of Profiling. **(6 Marks)**

a. _____

b. _____

c. _____

15. List and explain any three barriers to promoting health in school. **(3 Marks)**

- a. _____
- b. _____
- c. _____

16. List two advantages of Health Promoting School (HPS). **(2 Marks)**

- a. _____
- b. _____

17. In own words explain the statement "*Internal motivation is a key factor in implementing setting for health approaches.*" **(2 Marks)**

18. List and explain at least two (2) characteristics of a Healthy Village / Settlement. **(2 Marks)**

- a. _____
- b. _____

19. List six (6) strategies for rapport building in settings approach. **(6 Marks)**

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____
- f. _____

20. State at least four (4) reasons for the importance of evaluation in Health promotion. **(4 Marks)**

a. _____

b. _____

c. _____

d. _____

21. State two reasons why prioritization is very important in healthy setting approach. **(2 Marks)**

a) _____

b) _____
